

Time Allowed: 90 Minutes

(OBJECTIVE PART)

Max. Marks: 60

**Sign of
 Supdt.**

1- a) Encircle the correct answer:

1x30

i) An ECG measure:

- | | |
|----------------|---------------------------|
| a) Brain Waves | b) Emotional Response |
| c) Heart Rate | d) Galvanic Skin Response |

ii) Which of the following is assessed by chronback alpha:

- | | |
|----------------------------|----------------------------|
| a) Concurrent Validity | b) Inter-rater Reliability |
| c) Test-Retest Reliability | d) Internal Consistency |

iii) Activities of a clinical psychologist:

- | | | | |
|--------------|----------------------------------|---------------|------------------|
| a) Treatment | b) Administration and management | c) Both a & b | d) None of above |
|--------------|----------------------------------|---------------|------------------|

iv) The term psychotherapy means caring for other person's:

- | | | | |
|---------|----------|---------------|------------------|
| a) Soul | b) Being | c) Both a & b | d) None of above |
|---------|----------|---------------|------------------|

v) Double blind procedure is used:

- | | |
|-------------------------------------|---------------------------------|
| a) To cheat the participants. | b) To identify the risk factors |
| c) To avoid effects of experimenter | d) All of above |

vi) Epidemiological methods are used:

- | | |
|--|---|
| a) To circumvent the effects of experimenter | b) to estimate the prevalence and incidence of a disorder |
| c) Both a & b | d) None of above |

vii) Experimental method is powerful because it enable scientists:

- | | |
|--|------------------|
| a) To evaluate cause & effect questions | |
| b) To extent control over factors that effect behavior in question | |
| c) Both a & b | d) None of above |

viii) Beck Cognitive Therapy for depression requires the individual:

- | | |
|--|------------------------------|
| a) To make an objective assessment of their belief | b) Keep a dream diary |
| c) Keep a mood diary | d) Set attainable life goals |

ix) Principle of extinction assumes that emotional problems can be:

- | | |
|---------------------------------------|--------------------------------|
| a) Unlearned | b) Removed from Mental Lexicon |
| c) Derived from Childhood Experiences | d) Become Prehistoric |

x) Anxiety is a gap between now and later; is stated by _____.

- | | | | |
|---------|----------|-----------|------------|
| a) Perl | b) Wolpe | c) Slater | d) Lazarus |
|---------|----------|-----------|------------|

xi) Behavior modification is a type of:

- | | |
|---------------------------------|-----------------------|
| a) Client Centered Therapy | b) Humanistic Therapy |
| c) Cognitive Behavioral Therapy | d) Behavior Therapy |

xii) Self monitoring is a form of clinical observation involving which of the following:

- | | |
|--|--|
| a) Client measuring their own skin responses | b) Client measuring and recording their own behavior |
| c) Client measuring their own heart rate | d) Client recording their own dreams |

xiii) Acquisition of dog phobia can be explained by:

- | | |
|---------------------|------------------------|
| a) Behavioral Model | b) Psychodynamic Model |
| c) Humanistic Model | d) Medical Model |

xiv) Operant conditioning represents:

- | | |
|--|---|
| a) A learning using autobiographical memory | b) A learning of specific behavior through reward |
| c) A learning through pairing of stimulus and response | |
| d) A learning by using repetitive stimuli | |

- xv) Empathy involve:
- Feeling sorry for someone
 - Putting yourself in someone else's shoes
 - Putting others before yourself
 - Putting yourself before others.
- xvi) One of the concept of Humanistic-existential approach is:
- Rationalism
 - Transference
 - Deviation from statistical norms
 - Unconditioned Positive regard.
- xvii) Client Centered Therapy is a type of:
- Humanistic Therapy
 - Psychodynamic
 - Cognitive Therapy
 - Behavioral Therapy
- xviii) To develop Rapport Therapist first conduct:
- a Therapeutic Interview
 - Assessment's Orientation
 - Structural interview
 - Initial Interview
- xix) According to Somatogenic Hypothesis the causes of psychological disorders were found on:
- Analysis of Dreams
 - Physical or Biological Impairment
 - Traumatic Life events
 - Family Dynamics
- xx) _____ is not used to define Psychopathology.
- Deviation from Statistical Norms
 - Deviation from Social Norms
 - Deviation from Sexual Norms
 - Maladaptive Behavior
- xxi) Following is not a sub-test of WAIS-R
- Similarities
 - Picture Arrangement
 - Picture Completion
 - Picture Assimilation
- xxii) CPI was developed by _____.
- H.A Murray
 - Christiana D Morgan
 - Both a & b
 - None of above
- xxiii) TAT was developed by _____.
- J.C. McKinley
 - Christiana D Morgan
 - Both a & b
 - Non of above
- xxiv) BGT is most frequently used for screening of _____.
- Mental Retardation
 - Organic Brain Dysfunction
 - Delusion
 - All of above
- xxv) RISB is a _____.
- Semi structured Projective Technique
 - Structured Personality Test
 - Personality Inventory
 - None of above
- xxvi) Mental status examination is also a type of _____.
- Test
 - Observation
 - Interview
 - Physical Examination
- xxvii) MMPI measures:
- Mood
 - Physical Concerns
 - Social Attitude
 - All of above
- xxviii) Values learned from Parents and Society is called _____.
- The id
 - Sublimation
 - The Oral Stage
 - The Super Ego
- xxix) Defense mechanism is _____.
- A mechanism designed to reduce stress and conflict.
 - A method for negotiating a stage of development
 - A mechanism designed to remove psychological barriers
 - All of above
- xxx) A pioneer in assertion training is _____.
- Salter
 - Wolpe
 - Lazarus
 - Watson

b) Encircle True or False:

- MMPI was developed in 1980. 1x10
TRUE / FALSE
- Face validity refers to facial expression used to make diagnosis. TRUE / FALSE
- First code of ethics was published in 1953. TRUE / FALSE
- In CCT the role of therapist is active rather than passive. TRUE / FALSE
- The first psychodynamic inkblot test was developed by Rorschach. TRUE / FALSE
- Coloured progressive matrices can be use for average 80 years old. TRUE / FALSE
- Cognitive behavior therapy armed to develop potential to become whole. TRUE / FALSE
- Carl Rogor appointed Drab man as the president of APA. TRUE / FALSE
- Sigmund Freud was a significant figure of the middle ages. TRUE / FALSE
- Psychiatrists are well trained in assessment and psychotherapy. TRUE / FALSE

2- Give short answers of the following questions:

2x10

i) Enlist six points of Mental Status Examination.

ii) Write down the Maslow’s Hierarchy of Needs.

iii) Differentiate between Interview and Conversation.

iv) Why Meta Analysis is used?

v) What are the components of Clinical Assessment Process?

vi) Write down the main uses of Non-Directive Therapy.

vii) Enlist the techniques of Behavior Therapy.

viii) What are three things, which CBT changes.

ix) Who develop Gestalt Therapy.

x) Write down the basis of Functional Analysis.

Attempt any **Four** Questions. All questions carry equal marks

SUBJECTIVE PART

- 2- Describe the Role and Contributions of a CLINICAL PSYCHOLOGIST.
- 3- How the STRUCTURED INTERVIEW is different from UNSTRUCTURED INTERVIEW?
- 4- Write down the Main Features of the COGNITIVE BEHAVIOR THERAPY.
- 5- Write a comprehensive note on RESEARCH in PSYCHOTHERAPY.
- 6- Write a brief note on Uses of PROJECTIVE TESTS in Clinical Psychology.
- 7- Discuss FAMILY THERAPY.
- 8- Explain the Salient Features of CLIENT CENTERED THERAPY.